

King Street Medical Centre Newsletter

Issue: 03 | August 2022

Welcome to our Practice Newsletter



We're pleased to send you our third edition of our King Street Medical Centre Newsletter.

In this edition, we discuss the ongoing evolution of our Practice and the Primary Care Network (PCN) team. We will continue to share updates when these become available.

Our research team have created a great video that we are sharing on our reception screens to help patients understand our team and how they can participate in research studies.

It's great to see our King Street team are working hard responding to your feedback, with an excellent average answer time of **00:00:59 seconds!**

We will continue to let you know of any upcoming events, or ways you can get involved in Trust activities and how you can make a positive impact at your Practice.

Your feedback on this newsletter is welcomed, and we would also be delighted to hear of any ideas and content you would like to see in a future edition. You can send these to hnf-tr.communications@nhs.net.

We hope you enjoy this newsletter and look forward to the next copy in Autumn.

Iqbal Hussain, GP Lead for the Community & Primary Care Division at Humber Teaching NHS Foundation Trust

Looking at our Data

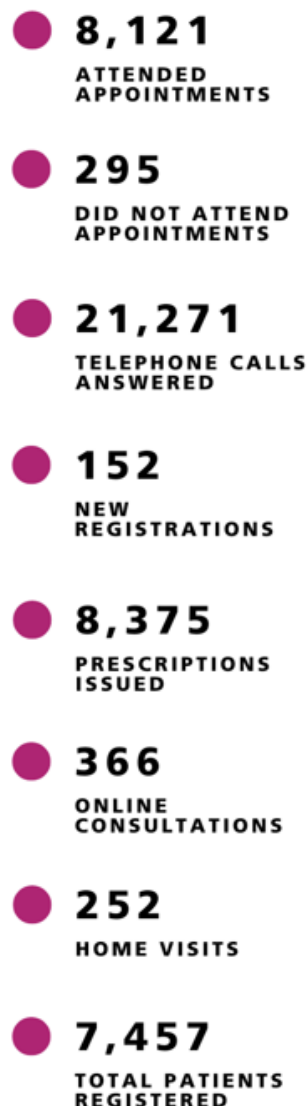
Every Quarter, we release what we call our GP Infographics, which aim to give you an insight into the goings on at your local Practice.

The latest infographics relate to the three month period between April and June 2022.

We hope you find these infographics insightful.

You can also find them on the Practice website here:

<https://kingstreetmedicalcentre.nhs.uk/news/king-street-statistics/>



Getting to Know Your Practice & Primary Care Network (PCN)

We hope that you enjoy reading the latest news and updates at your local Practice, but we also hope that this newsletter will help you get to know your local Practice and the people who work here better.

Primary Care Network Update

Harthill PCN are working hard on recruitment to extend the multidisciplinary team which supports our Practice. We would like to take this opportunity to welcome **Dan and Aaron**, our new PCN Pharmacy Technicians. Dan and Aaron will work alongside our Pharmacists to help manage medications.



We would also like to introduce **Andy**, our PCN Paramedic, who will be working with our clinicians to support our patients in care homes. As they settle into our teams, we will provide more information about their new roles.

Extended Access Provision

As part of our extended access provision, we have been providing early morning Practice Nurse and HCA appointments, outside of our usual contracted hours. As a Primary Care Network (PCN), we will be reaching out to patients of **King Street Medical Centre, Anlaby Surgery, Willerby & Swanland, Dr Mitchell's The Surgery, Park View Surgery and Market Weighton Surgery**, asking our patients to complete an anonymous survey.

This survey seeks to find out what our patients prefer in terms of extended access times and methods. The survey can be completed online and by picking up a copy in the Practice. Your support with this initiative is very much appreciated. Thank you.

Carer and Bereavement Support

Our PCN Carer and Bereavement Community Link Worker, **Vickie**, as been making the most of the nice weather by putting her promotions outside of the Practice. If you would like to learn more about what Vickie offers to patients, pop down for a chat.

In brief, Vickie supports with non-medical issues including carer and bereavement advice, and support with healthy lifestyles. She can refer and signpost to other services, so don't hesitate to share with her what support you are looking for.

For more information or to make a referral to the local Health Trainer service, call 0800 9177752 or visit the website:

<https://www.nhs-health-trainers.co.uk/>



GP Time

We've been working on our structure within the Practice and are pleased to say we have managed to increase GP appointments. Dr Sampson will now be working with us an additional two days a week.

Welcome New Admin Starters

We would like to extend a warm welcome to Lydia, who has just started in our admin team. In August, we will also be welcoming Laura to the team. We are so pleased to have you both with us!

Practice Nurse Skills

Congratulations to **Thomas, Trainee Practice Nurse**, and **Sharon, Practice Nurse**, who have recently completed their asthma diploma and their doppler training.

Both Thomas and Sharon are now qualified to see our patients who require asthma support and doppler investigations. Thomas has also completed the Travel Advice & Vaccination course, and will be available to discuss your vaccination requirements. Please explore this option with our Care Navigators when booking.

We're Hiring an Advanced Clinical Practitioner

It's with a heavy heart that we say goodbye to one of our valued team members, Sarah. We wish her all the best in her next adventure and hope to see her again soon.

We are now recruiting to our ACP vacancy. If you are interested, please get in touch for an informal conversation by emailing ERYCCG.kingstreetmedicalcentre@nhs.net

You can also view the full job advert and description, and submit an application here:

<https://bit.ly/3A8RExI>



'involve' Patient Network

'involve' is a local network for East Riding of Yorkshire residents who are registered with an East Riding GP and who care about the NHS.

Members of the involve patient network help us by contributing their views, and if they wish, volunteering their time to contribute views through surveys, focus groups and conversations – you can choose how much you want to be involved.

If this sparks your interest, please find out more on the East Riding of Yorkshire NHS CCG's website, here:

<https://www.eastridingofyorkshireccg.nhs.uk/opportunities/involve/>

Research at King Street

The Active Brains Research Study aims to explore whether using the Active Brains website is useful for people aged 60-85, who are proactively taking steps to keep their brain healthy.

We would like to take this opportunity to send a sincere THANK YOU to all our patients who have contributed to the current study—thanks to you, we are one of the top performing Practices in Yorkshire and the Humber!

Our Research team have recently developed and shared a video all about what they do and how you can get involved. This will be shown on our Practice screens.

If you're interested in learning more about Active Brains, visit the website here:

<https://www.activebrains.online/>

If you would like to participate and join dementia research, please visit the website below or pop into the Practice to collect a registration form.

www.joindementiaresearch.nihr.ac.uk

Join dementia research

NHS
National Institute for Health Research

HELP BEAT DEMENTIA

Let researchers know you want to take part in their studies

Join Dementia Research is a nationwide service that allows people to register their interest in taking part in dementia research studies. People with dementia, their carers, and anyone interested in research can sign up.

Register online or over the phone today
www.joindementiaresearch.nihr.ac.uk

Alzheimer Scotland 0808 808 3000	Alzheimer's Research UK 0300 111 5 111	Alzheimer's Society 0300 222 1122
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Calls to Alzheimer Scotland are free. Calls to Alzheimer's Research UK and Alzheimer's Society cost no more than a national call from any type of phone or provider and calls are included in any free call packages on landlines and mobiles.

Join Dementia Research is funded by the Department of Health and Social Care and delivered in partnership with the National Institute for Health Research, Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society.

Hull & East Riding Covid Vaccination Clinics

You can still get your Covid vaccinations or booster jab. Here's some helpful information on upcoming clinics in Hull and the East Riding:

The Freedom Centre

Monday 29th August.

Walk-ins and bookable appointments for all age groups.

Westbourne Health Centre

Tuesday 9th, Tuesday 16th, and Tuesday 23rd August.

Walk-in clinic for children 5-11-year-olds or 12 and in year 7.

Orchard Health Centre

Friday 5th August.

Walk-in clinic for children 5–11-year-olds or 12 and in year 7.

Beverley Health Centre

Saturday 25th and Wednesday 31st August.

Walk-in clinic for children 5-11-year-olds or 12 and in year 7.

Driffield Alfred Bean Hospital

Friday 19th August.

Walk-in clinic for children 5-11-year-olds or 12 and in year 7.

Market Weighton Health Centre

Friday 26th August.

Walk-in clinic for children 5-11-year-olds or 12 and in year 7

Influenza & Covid Vaccinations

Our Practice is currently arranging a influenza and Covid-19 vaccination programme.

We want to give clinically vulnerable patients an opportunity to get vaccinated within their GP Practice, as we are hoping this will help them feel more comfortable to come forwards, to protect themselves and others.

Based on estimated delivery dates, we expect to begin the programme in October, but dates will be confirmed as soon as possible.

This is a very specific cohort of patients, if you are eligible to attend these clinics, we will contact you to arrange an appointment.

Please do not call the Practice regarding these appointments and be assured that information will be communicated to those eligible at the earliest opportunity.

Closure notice

From 12 noon on **Wednesday 14 September** the Practice will be closed for staff training.

The Practice will open as normal on the following day, Thursday 15 September.



Thank you for taking the time to read our quarterly Practice Newsletter.

We hope you have found the information relevant and useful to you.

If you have any feedback, please feel free to email our Communications Team on

hnf-tr.communications@nhs.net